

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING						
9:00 AM						KIDS & JUNIORS GI ALL LEVELS
10:00 AM						ADULT NO-GI MEMBERS OPEN MAT
EVENING						
4:45 PM	TINYT-REX GI	TINYT-REX GI	TINYT-REX GI	TINYT-REX GI	TINYT-REX GI	
5:15 PM	KIDS GI	KIDS NO-GI	KIDS GI	KIDS NO-GI	KIDS GI	
6:00 PM	JUNIORS GI	JUNIORS NO-GI	JUNIORS GI	JUNIORS NO-GI	JUNIORS GI	
7:00 PM	ADULT GI ALL LEVELS	ADULT NO-GI ALL LEVELS	ADULT GI ALL LEVELS	ADULT NO-GI ALL LEVELS	ADULT GI MEMBERS FREE MAT	
8:00 PM	ADULT GI SPARRING ALL LEVELS	ADULT NO-GI SPARRING ALL LEVELS	ADULT GI SPARRING ALL LEVELS	ADULT NO-GI SPARRING ALL LEVELS		

Visit our website to view our dynamic real-time calendar by scanning the QR:



CLASS INFO
TINYT-REX 3 - 5 Y/O
KIDS 6 - 8 Y/O
JUNIORS 9 - 14 Y/O
ADULT 15+ Y/O

REQUIREMENTS	
GI	Gi-Top, Gi-Bottom, Rashguard, & Belt
NO-GI	Rashguard, Gi Pants, or Shorts\Spats

AS OF
3/1/2025